

Russian woman tourist stalked, slapped by bike-borne man in Goa

Agency
Panaji May 22,

A Russian woman tourist has alleged she was stalked and slapped by an unidentified two-wheeler rider in the Arpora village in Goa after she refused his offer for a lift. The tourist has alleged that the police have "done nothing" since registering her complaint leaving her frustrated and her attacker on the loose.

Speaking to Hindustan Times on Tuesday, the Russian tourist said she was followed by a man on a two-wheeler in a white T-shirt and dark blue jeans who offered to drop her home at around noon on May 15 as she was walking home after visiting an ATM at Arpora.

"He was following me and stopping every five-ten metres and asking me can I sit on his bike, can he drop me home. So I was saying 'No, no thank you' and I was just ignoring him. He was always looking around to see that no one is around," she said.

"Then he stopped in front of me and he asked me, 'Can I drop you? I said: 'Why are you following me? I don't need anyone to follow me because I live right here and I can walk

alone," she added. She said instead of leaving he went straight in front and took a u-turn and drove towards her. "He went just next to me and slapped me badly," the tourist recounted. She accused the police of "doing absolutely nothing" since she lodged a complaint. "They didn't even ask me about video pictures or the whole story or anything. They didn't need it. It has been five days," she said.

"I'm doing what I can and asking help from local people, people who are around me and my friends and they are helping me more than the police, but it shouldn't be like this because Goa is a tourist place. How can the police be so irresponsible in tourist place?" she asked.

Anjuna Police have, however, said they are verifying the tourist's claims. "As per my knowledge there has not been any complaint of this nature registered with our police station but I will still verify this matter," Anjuna Police inspector Navlesh Dessai said.

The tourist said she will be leaving India in five days and hopes that her friends can follow up the matter. "All I want from the police is

to look at this case but I don't want any other women tourists to be harassed or assaulted like me," she said.

Attacks on foreign tourists in Goa have got international attention and sought to put the spotlight on the darker side of the state otherwise famous for being a beach paradise.

Over the last decade, hundreds of tourists have been molested and raped and 245 foreign tourists have lost their lives in Goa many of them in mysterious circumstances.

In December last year, a 42-year old British woman was raped and robbed while walking home from the railway station in Goa's Palolem beach village. The same day the police arrested the accused who later confessed to the crime. And in January in the same year, a man was arrested for molesting an American tourist after the woman posted his picture on social media, describing the alleged incident.

In March 2017, a young Irish tourist Danielle McLaughlin was raped and brutally murdered in Palolem village in South Goa. The police arrested local resident Vikat Bhagat who admitted to raping and murdering McLaughlin by striking her head with a stone.

Advanced Microwave Ablation techniques can treat liver tumors without incision



Dr. Pradeep Mulley, Head Interventional Radiologist, Fortis Hospital, Vasant Kunj

Cancer seems to have a way of deeply invading the lives of those stricken by the disease. And very often the treatment isn't much friendlier to patients. But some recent advances in cancer treatment are helping, including some minimally invasive and non surgical procedures, especially in case of Liver tumours.

When liver tumors are small in size and number and have not spread to nearby blood vessels – and no cirrhosis or other liver conditions are present – patients may also be eligible for a liver transplant. But again, not many patients are in condition to go through a liver transplant surgery.

In such circumstances, interventional radiologists have advanced options for performing minimally invasive surgeries like Microwave Ablation, Radio Frequency Ablation, Trans Arterial Chemo Embolization (TACE) and Radio

Embolization. These minimally invasive therapies use imaging techniques such as CT, ultrasound, or MRI to guide the delivery of treatments directly to tumor sites.

How is liver tumor treated? Surgical Interventions

While surgery to remove a liver tumor offers the best chance for a cure, surgery is not an option for more than two-thirds of patients with primary liver tumor which is said to be the fifth most common ailment and the third most common cause of mortality worldwide.

Approximately, seventy percent of patients with liver tumor cannot opt for surgery for many reasons, like, the tumours could be too large to be removed or they could be too close to major blood vessels or other organs. And many a times, patients may have many small tumors in the liver, thus making surgery too risky or impractical.

Also liver surgery is a complex procedure because many of the major blood vessels leading to and from the heart pass behind or through the organ. In addition, the liver can tear easily and will bleed profusely if injured.

Minimally invasive procedures these can significantly reduce recovery time compared with traditional surgery.

1. Radioembolization (Y-90) is a minimally invasive procedure to treat liver tumors, with a combination of embolization and radiation

therapy. This therapy is highly beneficial in extending better quality of life for patients with inoperable tumors. Radioactive isotope of Yttrium (Y-90) is placed in the blood vessels of the tumor that blocks the blood supply to the cancer cells and delivering high doses of ionizing radiation to the tumor while keeping the healthy cells intact. Unlike External beam therapy where high energy beam from the equipment is directed towards the tumor site, this therapy involves placing a radioactive material that lodges in the tumor delivering high doses of radiation from within. This technique is used to treat both localized and metastasizing tumors (spread to liver from other body parts). Being a palliative treatment it does not completely reverse the condition but helps in restricting further growth and spreading of tumor cells.

2. Trans Arterial chemo Embolization (TACE) is a combination treatment of delivering of chemotherapy along with a procedure known as embolization. It is the most often used procedure for treating liver cancers. The procedure involves injection of anti-cancer drugs along with synthetic agents called embolic agents into the blood stream directed towards the tumor site, to cut-off the blood supply, trapping the anti cancer drugs at the site thereby depriving the required oxygen and nutrients for its growth. This therapy is highly beneficial in

preventing the mortality by preventing further growth/shrinking the tumor, that potentially preserves the liver functions and improves the quality of life.

3. Microwave ablation(MWA) – It is one of the latest and advanced minimally invasive treatment techniques for cancer that uses image guidance to guide a needle-like probe to the tumor site. Unlike in case of Radiofrequency Ablation where high frequency electric current is passed through an electrode in the needle to generate small region of heat, MWA generates microwave to create heat in the region. This method is highly beneficial and effective for patients unsuitable for surgical resection and if the tumor is less than 4 cm in diameter. This procedure is usually performed on an outpatient basis reducing the hospital stay and is highly safe with minimal risk and higher success rate. Patients make better and quicker recovery. It is also used to treat multiple tumors simultaneously and the chances of recurrence of the tumor are also minimized. The method is not only best suited for treating liver tumors, but also for thyroid nodule, breast nodule, tumors in the kidney and varicose vein. Also these treatments benefit patients not just by extending their lives but also improves their quality of life, which is of utmost importance in cancer patients.

Assam rifles conducts free medical checkup Of ex-servicemen



IT News
Imphal May 22,

Continuing with its larger aim to serve veterans and their families, Kakching Battalion of 28 Sector Assam Rifles under the aegis of IGAR (South) conducted a medical camp for ex-servicemen and their families at Salluk

Company Operating Base on Yesterday.

Kakching Battalion Assam Rifles medical staff provided medical treatment to ex-servicemen, their families, veer naries and children. Apart from providing necessary medical assistance, basic knowledge on health education, hygiene

and sanitation were also imparted.

The medical checkup shows Assam Rifles resolve to serve those who served the nation. The ex-servicemen of Salluk thanked the Kakching battalion and assured their full co-operation in spreading message of peace and harmony.

A R Saves Snake Bite Victim

IT News
Imphal May 22,

Tulihal Battalion of 9 Sector Assam Rifles under the aegis of IGAR (South) saved life of a snake bite victim by providing timely treatment on Yesterday. A 26 year old boy of Iroisemba village was bitten by a poisonous snake. The individual was immediately evacuated to Unit Hospital located at Tulihal where he was readily attended by the Unit Medical Team and was administered life saving treatment.

Opposition lays ground to make quick claim if NDA tally falls short

Agency
New Delhi May 22,

The Congress and some other opposition parties are preparing to stake claim to form the next government as early as May 23 in a bid to pre-empt any invitation to the Bharatiya Janata Party from Rashtrapati Bhavan if the National Democratic Alliance (NDA) falls short of the majority mark of 272.

Last week, senior Congress leaders including president Rahul Gandhi, treasurer Ahmed Patel, and senior leader Abhishek Singhvi held a marathon meeting at Gandhi's residence to chalk out detailed plan for results day, two senior leaders privy to the developments told HT.

In accordance with the discussions, some drafts have been prepared by the party's legal team — led by Singhvi — on how different opposition parties can express their support for a non-NDA government.

A senior Congress leader said: "In the possibility of a hung Parliament, we may communicate to President [Ram Nath] Kovind at the earliest opportunity. If the NDA falls short of majority, we may replicate the Karnataka model and stake claim. The final call, however, will be taken by UPA [United Progressive Alliance] chief Sonia Gandhi and Rahul Gandhi."

In Karnataka, the Congress had quickly moved and offered rival JD (S) the CM's chair to keep the BJP, the largest party, out of power and staked claim even as the governor invited

the BJP to form government and offered time to prove majority.

Singhvi, when contacted, declined to comment. Parties usually wait till the President, after being notified by the Election Commission (EC), calls the largest group of parties or the single-largest party to form a government. But this time, to counter the BJP, the Congress-led

Opposition is looking to stake the claim if the numbers don't throw up a clear majority for the NDA. The party wants to leave no stone unturned in exploring all legal chances to form a government even if the BJP gets more seats than it but the NDA is short of a majority.

The Indian Constitution empowers the President to invite a party or a group of parties he thinks can offer a stable government. The largest party or the largest pre-poll pact gets precedence over others. In 2004, president APJ Abdul Kalam invited Congress chief Sonia Gandhi to form a government after the parliamentary polls did not throw up a clear winner. The Congress, with 145 seats, got preference over the BJP, which had 138 seats. The Congress quickly put together a post-poll alliance under the UPA to form a government with outside support from the Left.

This plan to come together to stake a claim has already been discussed with select "friendly" leaders, including Andhra Pradesh chief minister Chandrababu Naidu, Communist Party of India (Marxist) general secretary Sitaram Yechury, Samajwadi

Party chief Akhilesh Yadav, and Bahujan Samaj Party supremo Mayawati, according to the Congress leader quoted above.

Yechury, according to a second Congress leader, suggested that the Congress should not insist on all Opposition parties to sign on a single letter of intent to form a government, but allow them to give their own letters of support - since parties such as the Aam Admi Party or the Telangana Rashtriya Samithi (TRS) or even Naveen Patnaik's Biju Janata Dal (BJD) would not be comfortable to sign a joint letter.

When contacted, Yechury said, "We are all fighting this election to oust the BJP. Opposition parties are committed to forming an alternative government at the Centre. Let us see where we stand after the results are out."

A third Congress leader said that the party brass had also okayed a plan to explore what is loosely called as a "post-poll, pre-result" pact by getting Opposition parties to write letters to the President before the results were out. A draft document for this purpose was prepared by the legal team and Naidu was entrusted to talk to other opposition leaders to bring them on board. But West Bengal chief minister Mamata Banerjee and Yechury opposed the plan and said that the parties must wait for the final verdict.

The Congress has started reaching out to fence-sitters such as the BJD and TRS through senior leader Kamal Nath and NCP chief Sharad Pawar, the third leader said.

Assam Rifles Observes National Anti Terrorism Day

IT News
Imphal May 22,

Keithelammbi Battalion of 9 Sector Assam Rifles under the aegis of IGAR (South) observed "National Anti Terrorism Day" by organizing an awareness programme at Lilong Higher Secondary Madrasa on Yesterday 2019. With an aim to spread the message of global peace and non violence and stop the youth from being misguided, an awareness programme was organised by Lilong Company Operating Base (COB) for the students of Lilong Higher Secondary Madrasa. The awareness programme witnessed an attendance of over 200 students and teachers of the school.

The awareness programme commenced with a lecture by the school principal followed by an educative and motivating lecture by Lilong COB Commander on the



"Importance to National Anti terrorism Day". As part of the lecture, students were given insight on the effect of terrorism and violence on people, society and nation as a whole.

The students were also informed on the sacrifices made by thousands of soldiers

who have fought against terrorism. The students also took a pledge to have abiding faith in the country's tradition of peace, non-violence and tolerance and oppose all forms of terrorism and violence. The lecture was followed by an interactive session during which various

queries of the students were answered.

The entire school staff along with students expressed profound gratitude to Assam Rifles in efforts to uphold and promote peace, social harmony, and fight the forces of disruption threatening human lives and values.