

Governor calls for healthier lifestyle on the occasion of World Physical Therapy Day



IT News
Imphal, Sept 9,

Governor of Manipur, Dr. Najma Heptulla called on people to spread awareness to general public about the importance of physical exercise.

"With the development of new technology, machine etc. physiotherapy has gone much further with the hands of Neurologist. We needed more time and effort to keep it up our health. Including physical exercise as part of our lifestyle will lead to a healthier life", Dr. Heptulla said during World Physical Therapy Day celebration was held at Lamyamba Shanlen, Palace Compound yesterday.

The event was organized by All Manipur Physiotherapist Association (AMPA) under the theme "Physical Therapy and Mental Health". The observance was attended by Karam Shyam Minister PDS & Consumer Affairs, Weight & Measure, Revenue and Relief & Rehabilitation; V. Hangkhanlian, Minister Agri. Vety & A. Husbandry; Prof. A. Santa Singh Director, Regional Institute of Medical Science (RIMS) Imphal; and Dr. A Rita Devi President, AMPA, Sr. Physiotherapist Dept. of Physical Medicine & Rehabilitation (PMR) RIMS Imphal as Chief Guest, Guest of Honour and President respectively. Manipur Governor Dr. Najma

Heptulla r stated that the importance of Physical Therapy is being felt by the public each day especially by those people who are unable to afford expensive treatment. Sharing her experiences, the Governor stated that she suffered Hamstring injury after she took charge of Governor of Manipur due to lack of physical exercise in her daily routine, however she improved her condition after consulting physical doctors and including physical exercise in her daily routine and became a fit person. "Persistent and Confident to Physical Exercise" is what the Governor appealed to the gathering. The event was attended by numbers of student and dignitaries.

ILPS on the Arrest of Varavara Rao and other Activists

By- Respark

International League of Peoples' Struggle (ILPS) has expressed our outrage over the arrest of anti-imperialist poet-activist Varavara Rao and other prominent progressives in India in August 28. The others arrested are Vernon Gonzalves, Arun Ferreira, Sudha Bahradwaj and Gautam Navalakha.

The arrest followed after the homes of these activists were raided due to the absurd allegation of their involvement in a plot to assassinate Prime Minister Narendra Modi. The simultaneous raids of Rao's and other's residences in multiple cities were the latest in a state of crackdown by the Modi regime against activists and progressives.

Last June, four activists – Sudhir Dhawale, Rona Wilson, Shoma Sen and Mahesh Raut – were earlier arrested. Meanwhile, Prof. G.N Saibaba is still languishing in jail since 2014. The Modi regime and its violence force are using the violence in Bhima-Koregaon in December 2017 as pretext for the arrests.

In the incident, one person died and scores were injured after right-wing groups countered the Dalits' celebration of Elgar Parishad. "The Modi regime subsequently fabricated the discovery of e-documents detailing the preposterous assassination plot on Modi and used it as the false basis for the crackdown", the ILPS

said.

It further added that the wave of arrests against urban-based progressives and anti-imperialists shows the rapid descent of the Modi regime to fascism and authoritarian rule. The Modi regime is using the Unlawful Activities Prevention Act and the allegation of "Maoist" links against those arrested.

"The fierce crackdown on the prominent democratic and progressive activists o9s calculated to discourage and suppress the growing opposition of the Indian people to the Modi regime. The broad mass of the people, including the workers, peasants, dalits, the indigenous peoples, women, students and professionals, are in uproar over economic, political and social concerns. "Varavara Rao and others are not terrorists but staunch progressives and anti-imperialists who have been critics of anti-people, pro-imperialist neoliberal globalization and war policies of successive regimes in India. They have also been active in forging anti-imperialist solidarity with people's movements in other countries.

"Rao, in particular, keyed the Third General Assembly of the ILPS. When he was not allowed by Indian authorities to travel, his keynote address was read by Prof. Saibaba. Rao is an outstanding Indian poet and he has translated the



"Stop the crackdown! Activists are Not Terrorists! Release Varavara Rao and all political prisoners! Fight the authoritarian and fascist rule of the Modi regime! End imperialism and fascism! Long Live International Solidarity!"
-ILPS

poems of Filipino poet Jose Maria Sison in Telugu. "We, the ILPS, stand in solidarity with the struggling people of India and condemn all forms of repression and fascist attacks against the people's movement in India. We demand the unconditional

release of Rao and his fellow activists and the dropping of fabricated charges against them. We are in unity with the multitude of groups in India and overseas demanding for their release and for the defeat of Modi's authoritarianism and fascism", ILPS added

Physiotherapy camp concludes at press club



Our Correspondent
Guwahati, Sept 9,

On the occasion of World Physiotherapy Day (8 September), a health camp for the benefit of member-journalists of Guwahati Press Club was organized on Saturday. Initiated by of Indian Association of Physiotherapists (Assam branch), Indian Association of Physiotherapists Women cell (Assam branch) and All Assam Physiotherapy Association, the camp was graced by Dr Chatrajit Das (PT), Dr Mayur Das (PT) and Dr Trishna Saikia Baruah (PT). They were assisted by

Banashri Das (MPT), Dikshita Rabha (MPT), Bhargab Bhattacharya (MPT), Laizu Yeamin Lipa (MPT), Mathew Lalruatlana (MPT) and Karan Yangma (MPT). Till date, the press club health clinic has been supported by Down Town Hospitals, GNRC Hospitals, Apollo Hospitals, SIMS Hospital, Medanta Hospital, Manipal Hospital, Fortis Hospital, Dispur Hospital, GATE Hospital, Ayursundra Hospital, Excelcare Hospital, Health City Hospital, Narayana Hospitals, Barthakur Clinic, Sun Valley Hospital, Rahman Hospital etc.

Assam Rifles conducts mega medical camp

IT News
Imphal, Sept. 9,

MayangImphal Company Operating Base of Tulihal Battalion under the aegis of 9 Sector Assam Rifles and IGAR (South) organised a Mega Medical Camp at Khelakhong on 8th September. The area was severely affected during the recent floods in the month of June, caused by the torrential rains. The medical camp was assisted by eight volunteer doctors apart from Regimental Medical Officer of the Battalion. Additional

medicines worth Rs.30,000 for the medical camp were provided by Philanthropist Md.Nashimuddin of Khelakhong.

The medical camp started with an opening ceremony at 10:00 AM wherein all volunteer doctors were felicitated. Over 570 patients underwent medical checkup who were prescribed and provided with medicines free of cost. The initiative was highly appreciated by the people and they requested Assam Rifles to continue organising such medical camps in future as well.

AR Conducts youth outreach programme

IT News
Imphal, Sept. 9,

Thoubal Battalion of 9 Sector Assam Rifles under the aegis of HQ IGAR (South) conducted a Pre-Recruitment training and screening capsule under a Youth Outreach Programme on 8th September to facilitate young aspirants for Armed Forces and SSC examination and to fulfill their dreams of joining security forces through various recruitment rallies. 115 youth of the district are taking part in this programme wherein they are being guided by the battalion on various aspects of the recruitment drive to include physical training and educational classes. A registration counter has been established by the battalion at Thoubal to facilitate easy registration by the candidates for appearing in various

recruitment rallies. The capsule aims at helping the society by grooming the youth into responsible and confident citizens.

On the other hand, Mantripukhri Battalion of 9 Sector Assam Rifles under the aegis of HQ IGAR (South) conducted lectures on International Literacy Day at Sawombung and Chingmeirong Company Operating Base on 08 September. A total of 66 students and eight teachers of LeishambaMaheikol School and SenaiSindam Residential High School attended the lecture, where they were enlightened about the value of education in our country. The lecture was followed by students delivering talks on topics of their choice. Students from both the schools showed great enthusiasm and positive spirit during the event.

Maoists spreading to more districts of India: Intelligence report



Source ToI
New Delhi, Sept 9,

The Western Ghats Special Zonal Committee (WGSZC) of CPI (Maoist) has been increasing the strength of its armed wing People's Liberation Guerrilla Army (PLGA) in five districts of state, said a report from the intelligence wing of the anti-naxal squad of the state police. The report submitted to the government said there was alarming increase in the number of PLGA members trooping to these regions after the death of senior leaders of the party in an encounter in Nilambur forest two years ago. Around 45 PLGA members attended a martyrdom observance programme held in Wayanad-Kozhikode forest border in the last week of August, it said. The meeting, in which central committee members of the

party and members of Dandakaranya Special Zonal Committee (DKSZC) attended, has decided to strengthen five branch committees in Kannur, Kozhikode, Palakkad, Wayanad and Malappuram. The squad has already confirmed the presence of Maoist leaders Danish, Ganesh and Prasanna in Nilambur forest last week. It was expected that the death of central committee member of the party Kuppuk Devraj and his aide Ajitha, in an encounter with police on November 24, 2016 in Nilambur would be a major setback to the activities of naxal forces in the region. But the latest report points out that the number of PLGA members in Kerala has been increased from 25-28 to 45 as a group of unidentified people, including cadres from North Indian states have also joined the group recently, aiming to scale

up the activities in tri-junction of Kerala, Tamil Nadu and Karnataka. According to sources in anti-naxal squad, only cadres from Kerala, Karnataka and Tamil Nadu worked for the group in the region earlier, but the presence of cadres from Andhra Pradesh, Chhattisgarh and Jharkhand in Kerala forests is a cause of a major concern to security forces. Meanwhile, posters that appeared in the name of CPI (Maoist) in various parts of rural Kozhikode blame state government for the recent flood disaster. A poster appeared in the name of Kabani area committee of the party alleges that the government, which had received proper warning on heavy rain and flood, miserably failed to take proper action to evacuate people on time.

LOST

I had lost my original certificate of HSLC exam bearing roll no. 21046 of 2014 issued by the Board of Secondary Education Manipur on the way between Tentha to Thoubal bazar on 05-09-2018.

Finders are requested to handover to the undersigned.

Sd/-

Hidam Bishwamitra Singh
Tentha khunou Awang leikai,
#8575557943