

Flood situation improving in some parts in the state

51,689 flood victims evacuated as relief and rescue work continues

DIPR
Imphal, June 19,

The flood situation in some parts of the State is improving although some areas are still inundated under flood water. The Government of Manipur is using all its machineries towards extending maximum help to the flood victims and is keeping a strict vigil to control the situation both in the hills and the valley. The Government on June 13, 2018 announced holiday on account of the sudden flood in the State which has affected large number of people both living in the valley and the hills.

As per the Directorate of Relief and Disaster Management, all together 51,689 victims from different flood affected areas were evacuated till 4pm this evening i.e., 18th June, 2018. Altogether 174 relief camps with 59,170 inmates taking shelter were opened providing assistance and distributing relief materials including essential commodities like rice, dal, edible oil, candle, mosquito coil, match boxes among others. Central and State forces were deployed for immediate assistance of the victims.

The total number of locality/community/village affected by the flood is recorded at 304, while 23,456 houses were damaged. The flood claimed 7 lives and one person is still reported to be missing. The flood has also claimed lives of 400 animals and damaged 3,947 hectares of agricultural land.

Following the incessant rainfall in the past few days, several parts of the valley and hill districts of Manipur viz; Imphal West, Imphal East, Thoubal, Bishnupur, Kakching, Kamjong, Jiribam, Churachandpur, Pherzawl and Kangpokpi were affected.



During the current monsoon season, 1,80,102 population (one lakh eighty thousand one hundred and two) were affected in the above 10 (ten) districts of the State.

As per the information available from the Deputy Commissioners concerned, the total population affected in Imphal West was 67,000, Imphal East - 1 lakh, Thoubal - 32,890, Bishnupur - 20,000, Kakching - 700, Jiribam - 1800, Pherzawl - 500 and Kangpokpi - 5,000. Houses damaged recorded in Imphal West were 13,000, Imphal East - 1,500, Thoubal - 5,980, Bishnupur - 2,042, Kakching - 160, Jiribam - 382, Pherzawl - 44, Churachandpur - 334 and Kangpokpi - 14.

The number of persons evacuated in Imphal West are 506, Imphal East - 20,000, Thoubal - 29,900, Jiribam - 1500, Pherzawl - 220 and Kangpokpi - 14. The number of relief camps opened in Imphal West - 52, Imphal East - 79, Thoubal - 24, Bishnupur - 10, Kakching - 1, Jiribam - 6, and Kangpokpi - 2. Inmates in the relief camps were recorded as in Imphal West - 6,800; Imphal East - 51,000; Bishnupur - 800; Kakching - 150; Jiribam - 628 and Kangpokpi - 56.

The total crops area affected (in hectares) includes, Imphal East 3,500; Thoubal 113, Kakching 195; Jiribam 114 and Pherzawl 120. Due to the flood, infrastructure damage of 2 wooden bridges, 9 RCC bridge (4 partial damage), 2 RCC culvert, 110 kms road and 4 market sheds were also recorded.

In Imphal East district, out of 10 Assembly Constituencies, 9 ACs are severely affected by the recent flood in the district. This covers all 3 (three) Sub-Divisions of Porompat, Sawbung and Keirao Bitra. The flood affected a total of 15,000 households with approximately 1 lakh population. So far, Imphal East District Administration has opened around 79 numbers of relief camps, including 62 flood relief camps and other sheltering camps at safer spots in the district. About 20,000 (twenty thousand) persons were evacuated and 51,000 (fifty-one thousand) persons are sheltering in the relief camps. A total of 1,500 houses were damaged by the flood and about 3,500 acres of crop areas were affected.

Besides, inter village roads were also damaged. The Imphal East District Administration has distributed relief materials to the affected households like rice, dal, salt, edible oil, mosquito repellants, candles, tarpaulin, among others. So far, 2,000 quintals of rice, 400 bags of dal, 15,000 packets of salt, 15,000 bottles of edible oil, large numbers of mosquito repellants, candles, among others have been distributed to the flood affected families. In addition to providing relief materials, various medical/health camps have been conducted in close coordination with State Health Department with its branches located in the district. Health camps conducted so far include severely affected villages under Heingang, Thongju, Kshetrigao, Keirao, Andro ACS.

In Imphal West district as of today, the flood had severely affected Wangoi and Mayang Imphal Assembly Constituencies especially in Samuro, Yumnang Huidrom, Karam Makha Leikai, Lilong Haoreibi, Uchiwa, Top Sipahi, Laptupat Tera, Komlakhong, Phubakchao, Wangoi Makha Leikai, Wangoi Longjam Leikai, Wangoi Wahang Leikai, Bengoon, Hiyangthang Palak and Naren Chaprou. More than 1,500 quintals of rice were

distributed to the people affected by the flood. Out of the 52 relief camps opened, 15-20 relief camps are still functional. The flood situation in some parts of Imphal West district has improved including Patsoi and some areas in Takyel Khongban, Lamphel and Tarung.

In Kangpokpi District, 3 relief camps at Kalapahar High School, Songpekjang Community Hall and Uran Chiru Community Hall are providing assistance to 58 inmates in the camps. Wooden Suspension Bridge river between Keithelmanbi of Champhai Sub-Division and Molvom area of Saikul Sub-Division was washed away by the Imphal river. Suspension Bridge of Haimol village of T-Waichong Sub-Division was washed away by Tuilang river. Chalwa Bridge, Khollen Bridge and bridge between Sapormeina of Saitu Gamphajol Sub-Division and villages of Saikul Sub-Division are weakened. Bridge of Loibol Khunnou village under Bunge- Chiru Sub-Division was damaged. PMGSY road of Loibol Khunnou village under Bunge- Chiru Sub-Division was damaged by landslide. Newly constructed PMGSY road along with number of bridges between Toribari and Haipi village of Kangpokpi Sub-Division were damaged. IVR bridge at Loibol Khunnou village under Kangchup Geljang Sub-Division was damaged.

Defence teams of Army/ Indian Navy/Airforce, Paramilitary forces, Engineers of Assam Rifles, teams of SDRF and State Police are also actively taking part in the relief and rescue operation. 24 medical camps are providing immediate medical assistance to the flood affected people in the State

Raj Bhavan staffs and individuals donated Rs. 81,000/- to relief fund

DIPR
Imphal, June 19,

The Imphal Finance Co-operative Thrift & Credit Society staffs and its Managing Director Director W.Guneshwar Singh and Dean of Central Agriculture University, Professor, Joykumar Laishram together donated Rs. 81,000/- to flood relief fund at Raj Bhavan yesterday. Rupees 61,000/- came from the staff of Imphal Finance Co-operative Thrift & Credit Society, Rs. 10,000/- from the Managing Director and another Rs.10,000/- from the Dean of CAU.

On the occasion, the Governor Dr. Najma Heptulla expressed her happiness over the donation and appealed to the people at large within or beyond the state to come forward and extent helping hand generously to the flood victims. The Governor stated that the donation may not

much as compared to damage caused by the flood, our small gestures shows that we care for the people who are suffering and that we are with them at this moment of disaster and suffering.

The Governor further stated that the state administration including the Chief Minister and his Cabinet are physically involved in rehabilitating the flood victims by setting relief camps, distributing essential commodities like food and medicines. It is worth to mention that the state was badly affected by flood due to heavy rainfall in the past few days causing loss of homesteads, livestock and damaging roads connecting inter districts.

It may be mentioned that the donation came in after the appealed Answering to the appeal made by the Governor to donate one day's salary for flood victims in the state.

BJP Thoubal Mandal extends help to flood victims



IT News
Thoubal, June 19:

BJP Thoubal Mandal extended help to flood affected people of Sabantongba Konjil Leikai under Thoubal Assembly constituency. Edible items as well as essential items were

distributed to the flood affected victims of the village. BJP member L. Basanta and President of the BJP Thoubal Mandal Kh. Arunkumar led the team and distributed 5 Kg of rice to around 200 families of the area. Other edible items like oil and dal were also distributed.

ABVP team NE Cell Delhi meet Titular King Sanajaoba



IT News
Imphal, June 19,

A team of ABVP NE Cell Delhi with social activist and former beauty peasant Mayanglambam Diana Devi went to Manipur Bhavan for a reception programme of the

titular King of Manipur Leishemba Sanajaoba.

The king came for the admission of his son in Delhi University. ABVP Delhi also extends help to all the students who needs help regarding admission processes of DU and other universities in Delhi.

AR Saves Precious Life

PRO-IGAR (S)
Imphal, June 19,

On 17 June 2018, Somsai Battalion of 10 Sector Assam Rifles under the aegis of HQ IGAR (South) provided immediate medical assistance to a seven year old boy of Tusom Khullen village Ukhrul

District. The young boy sustained injuries on his head while playing. The prompt action of the medical team saved a precious life. Later the boy was evacuated to district Hospital, Ukhrul. The family of the victim appreciated this noble act of Assam Rifles

Its all about your children

Communicating with your teenager

Courtesy Beyond blue

Your teenager is going through massive changes – they're figuring out who they are, what they stand for, who they love, and what they want out of life. Their hopes and dreams might be very different to what you'd imagined for them.

Part of helping your young person develop into an independent adult is respecting their choices – providing support and guidance, but also space for them to work things out for themselves. This means the way you communicate together also has to change – and this shift is often just as hard for parents and guardians as it is for young people.

Top tips for communicating with your teen

- **Make talking part of your routine.** Make time to chat with your teenager about their day and what they've been doing. Try to start conversations with them at times when they appear most open to chatting. If your young person wants to share something, give them your full attention and listen without judgement.
- **Be a good listener.** As a general rule of thumb, listen twice as much as you speak. Let them give their perspective before jumping in with advice.
- **Ask open, curious questions...not loaded ones.** This gives your young person confidence that any issues are theirs to solve. Being judgmental – either in what you're saying or your tone – is one of the quickest ways to shut down a conversation and get your teen on the defensive. Examples of open questions might be "What were you hoping would happen?" "How do you feel about what did happen?" "What ideas do you have for what to do next?" "What can we take from this for next time?"
- **Let your young person talk about whatever interests them.** Show respect for their opinions, even if you disagree with them.
- **Show affection.** Your teenager might threaten to dissolve in a puddle of embarrassment every time you show affection, especially in public. But it's important to keep showing affection and telling your teens you love them and how much they mean to you – even if it's met with a monosyllabic grunt.
- **Reinforce that you're there for them** whenever they need it and that they can talk to you about anything, even difficult issues.
- **Respect their privacy.** Have sensitive discussions in a quiet space;



ask if there's a good time to talk; don't barge into their room uninvited.

When things get tough

Relationships between parents, guardians or carers and young people can become strained at times. Conflict and tension can develop, and open lines of communication may be broken. It's also quite common for young people to avoid parents or guardians when things get difficult, closing loved ones off from their life and problems. Your young person may not always want to turn to you for help, but it's important not to give up and keep reinforcing that you're there for them.

- **Be persistent.** Continue to try and talk to your young person to find out what's bothering them.
- Reinforce the message that you care. Let your young person know that you're concerned and are there to help.
- **Be understanding** – even if you don't agree or even quite comprehend where they're coming from. This will help your young person feel validated.
- Try to connect with your young person in the best way you can. This might mean involving other family members or friends who can help.
- **Change it up** – if you feel you're not getting anywhere, try a different approach. If you're hard, try softer. If you're soft, try be more firm.
- Give your young person hope that there are solutions to their problems.