

Editorial

Imphal Monday, October 10, 2016

Blame games, alright, but stop politicizing the Sports' University

Preliminary bout for the upcoming 11th Manipur Legislative Assembly is all set with rival political parties engaging tough blame game. The last few days showed slashing criticism against the INC, which is in power in the government and the BJP which is in power at the Center. With almost all political parties other than the BJP and INC remaining in low profile this time one thing that the people of this state knows is that this election is going to be a straight fight between the BJP and INC. Horse trading candidates is all set with BJP inviting winnable candidates and the congress too absorbing sitting MLAs. The departure of former Minister and sitting MLA of Heingang Assembly Constituency and also the joining of Veteran Congress politician Y. Erabot to the BJP has given a thrashing blow to the Ruling Congress party. But for Chief Minister Okram Ibobi and other leader of the congress party the minus of two MLA is not a worrying factor, he still has 50 MLA in the house of 60. Even as the question of the 4 Trinamool Congress MLAs which they absorb officially is not official to the Manipur Legislative Assembly, Ibobi seemed to have no worry and is in full confidence of returning back to power.

As for the BJP, the incumbent Congress government is soured by majority people. People now wanted to throw out the party due to various reasons. The Okram Ibobi Singh led Congress government is in power for 3 consecutive terms. And as a result it is sure that the anti incumbency factor for being long in the power and the various scandals and scams which happen during the three terms has now been known by each and every politically sensitive people. High level of corruption, delayed in delivering justice and the deteriorating law and order condition is certain thing that the people have started looking for alternative government.

However, the major issue that the two rivals are engaging in heated blame game is the issue of National Sport University. Well, both parties seem to be playing well with this issue which has to be beyond politics. Congress is trying hard to blame the BJP over its failure to establish the University even after providing required land. On the other hand the BJP is blaming the state government saying that instead of establishing the University at an appropriate place they chose a disputed land and delayed the work for establishment of the University.

Both the political parties are right from their perspectives. When Vice President and Spokesperson of MPCC, Y Surchandra while making a clarification over the allegation by rival group BJP, he said that there is no dispute to the acquisition of land for construction of Sports University at Yaithibi Loukon as the matter is settled now.

In fact, something fishy is still sense to the politically sensitive people on the reason for picking up the land instead of choosing the one near Koutruk. The people of the area had agreed to donate the land so government needs not to spend huge amount for acquisition of land if the choice is at Koutruk side.

Another astounding thing that is heard from Mr. Surchandra, the bureaucrat turns politician is that, he lied to the people of the state by saying that the disputed 32.65 acres of land at 44 Yaithibi Khunou has been settled as the owners had agreed to sign the direct purchase at the rate of Rs 3 lakhs per Sangam (0.62 acres). Actually the agreement between some of owners and the DC of Thoubal district was signed October 1 this year and it was not at Rs 3 lakhs per Sangam but it was Rs 6 lakh per Sangam. A letter regarding the matter sent to Director Youth Affairs and Government of Manipur, by the Deputy Commissioner Thoubal said that the matte has been settled through direct purchase at the rate of Rs 6 lakhs per Sangam and out of the disputed 32.65 acres 25.35 acres has been settled. This means that some portion still is not settled.

For the BJP it is cleared that until the state government submitted and hand over the land bill for establishment of the University, which is mandatory cannot be passed in the parliament as it would amount to violation of rules and guidelines. So in this case the BJP seems to be somewhat sincere to this issue. Or else how could MPCC unable to answer when demanded to produce a paper or made announcement that the dispute at 44-Yaithibi Loukon over construction of Sports University has been settled.

A humble appeal - Please stop politicizing on Sport's University the future of the state.

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Psychological & Mental Health : First Aid for all

By : Dr Sasha Raikhy

Stigma surrounding mental illness is not new. Social & economic burden of mental illness in our country will exceed that of cancer & cardio vascular disease as per WHO assertion. One in four adult suffers from mental illness in their lives. Every 40 second somewhere somebody dies of suicide. About 50 million people are affected by mental health problems in India. Everybody knows somebody that has some form of mental health problem. Mental health illness mostly start in childhood & adolescence & might occur with chronic mental illness like heart disease, diabetes, cancer, HIV etc. In contrast to this huge burden, country has only 5000 trained mental health professionals. World Federation for Mental Health has chosen - Dignity in Mental Health - Psychological & Mental Health First Aid for all as its theme for World Mental Health Day, 2016. People with public health difficulties are offered prompt physical health first aid while mental health crisis is viewed differently because of stigma & ignorance. According to 2016 world bank group & WHO report, despite the enormous social burden, mental disorders continue

to be driven by shadows of stigma, prejudice, fear of disclosing affliction because a job may be lost, social standing ruined or simply because health & social support services are not available or out of reach for afflicted. Low perceived need & Attitudinal barriers are most commonly reported barriers to mental health treatment as per world WHO Mental Health Survey apart from structural barriers like finance, lack of insurance coverage, gap between policy and financing, inadequate integration with primary caregivers, geographic distance and lack of trained personal. In our country, there is shortage of qualified psychiatrist. Apart from this, we also do not have adequate and newer medications with lesser side-effects etc. Problem is not much about government funding, major hurdle is attitudinal. Ours is country of abundant faith healers and few number of trained mental health professionals. Why mental health/mind is discriminated for treatment when we consult physician for even mild bodily ailments like flu. Although attitudes are changing with open talks by celebrities, government efforts and new mental health bill but still there exist huge

disparity between physical and mental health. Consistent with this years' World Mental Health Day theme focus is on that all members of public can learn basic skills to help people with mental health problems. Community need to be oriented to organize psychological first and local community workers, police, general health staff, teachers, NGOs, disaster management teams, health staff & even lay man can learn basic skills to help people with mental health problems. To summarize, we need to address following issues:-
 - Mental health crisis to be treated at par with physical health crisis.
 - Knowledge and awareness of basic psychological first aid.
 - Addressing stigma and discrimination a/w mental illness.
 - Mental health first aid to be included in all schools, educational institutions and working places, armed and military forces, just like first aid.
 - Mental health first aid course to be taken by police/public safety officers, teachers & school staff, medical personnel, veterans, military, NGOs, first responders (in disaster & accident with general practitioners)
 Mental health educational material



is freely available on World Federation for Mental Health site. Information is provided about basic skills to deal with mental health crisis. We all are capable of providing basic mental health first aid (to support individual with mental health crisis, until crisis resolve and person can be taken for professional help). Let's vow on this mental health day to be provider of mental health first aid instead of being passive spectator. Lets make 'Dignity in Mental Health' a reality.
 (The Author is Senior Resident (Psychiatry) Vardhman Mahavir Medical College & Safdarjung Hospital, New Delhi.)

National & International News

China says it is ready for talks with India on its entry into Nuclear Suppliers Group

New Delhi, Oct. 10: China today said, it is ready for talks with India on its entry into the Nuclear Suppliers Group (NSG) but defended extending a hold on New Delhi's bid for a United Nations ban on Jaish-e-Mohammed Chief Masood Azhar. Vice Foreign Minister Li Baodong was briefing media in Beijing on Chinese President Xi Jinping's visit to India this week to take part in the BRICS Summit in Goa. Asked if any progress on the issue of India's admission into NSG can be expected in the meeting between the Chinese President and Prime Minister Narendra Modi on the sidelines of the summit, Mr Li said, NSG rules stipulate consensus among the members to admit new

ones. He said, China and India have maintained good communication on the issue and Beijing is ready to continue consultations with New Delhi to build consensus. Replying to a question on criticism about China's move to stall India's bid for a ban on Azhar, the Chinese Vice Foreign Minister said, Beijing is opposed to anyone making political gains in the name of counter-terrorism. He said, the Goa summit will build on the past consensus and continue to strengthen co-operation in counter-terrorism and other issues of political security and contribute to world peace and security. The BRICS Summit begins on Saturday. The grouping consists of Brazil, Russia, India, China and South Africa.

Durga Puja is being celebrated in many parts of country

New Delhi, Oct. 10: Durga Puja is being celebrated with traditional enthusiasm in many parts of the country. Today is Maha Navami. In Assam, various pandals have been set up reflecting contemporary issues including rhino poaching, women empowerment. Several Durga puja pandals have completed 400 years of celebration in the state. In West Bengal, under privileged boys and girls from tea gardens of Darjeeling hills have been chosen to judge the Durgapuja Pandals in Kolkata. In Odisha, heavy rush of

devotees was witnessed at all Puja Mandaps across the twin cities of Bhubaneswar and Cuttack and other towns and rural areas as well. President Pranab Mukherjee has called upon the people to take pledge for a cleanliness drive. Addressing a gathering at his ancestral place Kirmahar in Birbhum district of West Bengal yesterday, he said to younger people can clean this vast country and they must take pledge to follow the cleanliness measures. Mr Mukherjee is staying at his ancestral place in in Birbhum for Durga Puja celebrations.

Curfew in parts of Srinagar after boy's death in pellet-firing

Courtesy: TNN
Srinagar, Oct. 10: Authorities imposed curfew in parts of Srinagar on Saturday following clashes during the funeral of a 13-year-old boy who died of pellet injuries. Junaid Ahmad Bhat of Saidpora area here was admitted to a hospital with pellet injuries on Friday. He died on Saturday morning. Hundreds of protesters, carrying Bhat's body, clashed with the security forces in Eidgah area, with the latter using tear smoke shells to disperse the mourners. As trouble spread to other areas of Srinagar, authorities quickly imposed curfew in areas falling under seven police stations here.

Tension once again gripped the summer capital of Jammu and Kashmir, where private transport and pedestrian movement had nearly normalised+ during the last one week. Ruling Peoples Democratic Party general secretary Nizamuddin Bhat has demanded a probe into the boy's death. Bhat said the boy was not part of any protest when he was shot with a pellet gun by the security forces+. As many as 91 people have died and over 12,000 injured during the last 92 days since July 9, when the current unrest started in the Valley after the July 8 killing of Hizbul Mujahideen commander Burhan Wani.

J&K: Encounter underway between terrorists & security forces inside govt building in Pampore

AIR Kashmir, Oct 10: Encounter is on between terrorists and security forces inside a government building in Pampore near Srinagar. Some terrorists had entered the building of Entrepreneurship Development Institute in the wee hours today and fired upon the security forces triggering an encounter. An Army jawan was injured in the exchange of fire. A portion of the building also caught fire. Traffic was temporarily suspended on the Srinagar-Jammu national highway.

neutralise the militants. Two to three terrorists are believed to be inside the multistorey concrete building now cordoned off by security forces from all sides. Intermittently gunshots are heard as senior police and army officers are on spot monitoring the operation. It seems the terrorists have come from rear side of the building using a boat to cross river JEHLIM. It is the same entrepreneurs development institute complex where a 48 hour long encounter took place on 22 february this year in which nine people had died including three militants and three army jawans.

Notice for registration

An Association under the name & style of the Tengbang Health Care Society its office address at RK building old Checkon Nongmeibung Imphal East is formed. So the Association is going to the registered in the office of the Deputy Registrar of Societies, Imphal East under the provisions of the Manipur Societies Registration Act 1989. If anybody who want to object to the registration of the proposed Association may object within 3(three) days from the date of publication. No objection shall not entertained after the due date.

Sd/-
 Secretary
 N.Bonney Meitei

Lost

I, the undersigned have lost my Mobile phone Micromax Canvas A109 belong with Sim card bearing no. 9856209652 on 8/10/2016 on the way between Kwakeithel to Paona Bazar. Finders are requested to kindly hand over it to the undersigned.

Sd/-
 Khomdram Kalpana Devi
 Kwakeithel Thounoajam Leikai

Certificate lost

I, the undersigned have lost my original certificate for my class X passed examination bearing Roll No. 3129872 of 2009 issued by AISSE and certificate for my graduation examination bearing roll no. 1203592 of 2014 issued by Manipur University on the way between Keishampat to Thangmeiband on 29 Sept. 2016. Finders are requested to hand over it to the undersigned.

Sd/-
 Sanasam Sundega Singh
 Thoubal Sabantong Deepang Leikai
 Ph. No. 8014332350

Marksheet lost

I, the undersigned have lost my original Marksheet for my class X passed examination bearing Roll No. 39616 of 1997 issued by Board of Secondary Education Manipur on the way between Thoubal to Imphal on 29 Sept. 2016. Finders are requested to hand over it to the undersigned.

Sd/-
 Laimayum Anuradha Devi